



Hi everyone!

I'm Jo Brewin, the new People Director at Avery Healthcare, and I'm thrilled to introduce this month's edition of Avery Talk!

I joined Avery in March, and what a fantastic start it's been! Attending the company conference was an incredible way to learn more about the business and meet so many wonderful people. I may not remember every name just yet, but I never forget a face! I can't wait to visit our homes in the coming weeks, meet more of you, and see all the amazing work you're doing!

The energy and dedication across Avery Healthcare is truly inspiring. I've heard such wonderful feedback about our teams who bring kindness, passion, and commitment to their work every single day. It's fantastic to be part of such a positive and supportive community, and I'm excited about everything we'll achieve together.

This edition of Avery Talk is bursting with uplifting stories from March!



Jo Brewin
People Director

We celebrated Mother's Day, St. Patrick's Day, and International Women's Day and even had one of our homes take on an incredible project to restore a local lake! We also embraced Greek Independence Day with a fantastic cultural celebration.

And there's much more! Inside, you'll find birthday and anniversary milestones, plus our Photo of the Month – don't miss it!

Enjoy this edition!

Greek Independence Day

Our care homes got into the Greek spirit, celebrating Greek Independence Day with food, fun, and plenty of dancing!

At Eastbourne Gardens Care Home in Eastbourne, residents had a blast with Greek crafting, quizzes, and even their own version of the famous Zorba dance.

Over at Greenholme House Care Home in Ilkley, they tucked into delicious Greek dishes, fully embracing the culture.

Astbury Manor Care Home in Bracknell got creative, weaving baskets and painting jugs before enjoying a tasty Greek feast and a lively party.

Darwin Court Care Home in Lichfield pulled out all the stops with a full-on Greek banquet, topped off with an amazing performance from The Mamma Mia Experience, belting out Abba classics. Meanwhile, at Greensand House Care Home in Redhill, residents made their own Greek ornaments and enjoyed sweet Greek cakes with a cuppa.

At the Hawthorns Aldridge Care Home in Walsall, it was all about crafting, good food, and traditional Greek dancing, while Brentwood Arches Care Home in Essex wrapped up the celebrations with homemade Greek treats, plenty of dancing, and lots of laughter.

It was a fantastic day across our care homes!



A Magical Dance Experience

Residents were on their toes with excitement as Baby Ballet Dartford pirouetted into an Adelaide Care Home in Kent for a joyful intergenerational dance session.

Young performers twirled, leapt, and swayed in sparkling tutus, filling the room with energy.

Guided by Miss Jessie, residents joined in, proving that the love of dance has no age limit.

Families, staff, and residents smiled as the little dancers enchanted everyone with their ribbon routines and musical fun. ***"They were brilliant,"*** said resident Doreen, ***"It was wonderful to be part of it."***

Karla, a proud parent, described the event as ***"a blessing,"*** while resident Marjorie shared, ***"It was so lovely to watch them dance."***

Miss Jessie reflected, ***"It was a joy to see the residents light up as they danced and interacted with the children."***

A wonderful day of movement, music, and shared smiles, one to remember!



Helping Restore Mill Dam

Residents and staff at Loxley Park Care Home in Sheffield have teamed up with the local community to restore Mill Dam, turning the once overgrown lake into a peaceful retreat.

Two years ago, the lake was in a sorry state. That's when local resident James Hoyle stepped in with a vision to bring it back to life.

"When I first saw the pond, I was shocked at how bad it had become," said James. ***"After chatting with friends, we decided to take action, and I reached out to Loxley Park for help."***

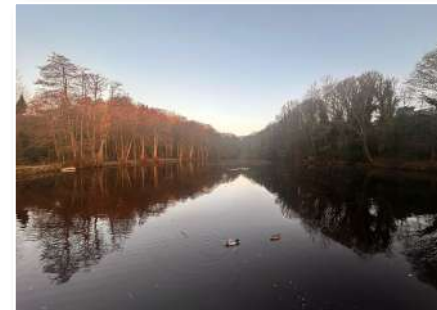
Since then, volunteers, including residents, staff, and locals, have been clearing overgrowth, improving water quality, and introducing new fish species. A summer fayre at Loxley Park Care Home raised £700 to support the project, helping to safely rehome pike and encourage biodiversity.



Margaret, a Loxley Park Care Home resident, shared, ***"It's been wonderful watching the transformation. We've seen more ducks and geese, which is lovely."***

Home Manager Naomi Roberts added, ***"Seeing our residents and the community work together has been truly inspiring."***

With work still underway, including plans for an island and seating, the goal is to complete Mill Dam by October 2025.



Empowered Together: Celebrating International Women's Day

This International Women's Day, our homes celebrated the incredible achievements of women - past and present.

Brentwood Arches Care Home in Brentwood kicked off the festivities with a heartfelt tribute, highlighting the strength and accomplishments of inspiring women throughout history.

Camberley Woods Care Home in Camberley hosted an elegant afternoon with canapés, Prosecco, and live music, creating a joyful atmosphere of appreciation.

At Esher Manor Care Home in Esher, residents received roses and enjoyed a delightful afternoon tea, complete with personalised chocolates for a special touch.

Over at Eastbourne Gardens Care Home in Eastbourne, residents embraced their inner superheroes, donning capes in celebration, while Butlers Mews Care Home in Rugby pampered residents with manicures.

Meanwhile, Bourn View Care Home in Birmingham residents crafted beautiful purple flowers to honour the occasion.

We're proud to see our homes unite in recognising the remarkable women who inspire us every day. Here's to empowerment, appreciation, and equality!



A Delightful Day with an MP

Bagshot Gardens Care Home in Bagshot recently welcomed local MP, Al Pinkerton, for a lively meet and greet.

Al Pinkerton MP greeted everyone while touring the home and engaged our residents with captivating stories from his career and recent Government successes. Bruno, the resident cat, even got a hello and a scratch behind the ears!

The local MP was struck by the vibrant atmosphere, exclaiming, ***"I was honoured to be invited to Bagshot Gardens Care Home, where I was immediately met with such wonderful staff and residents. The environment felt warm, homely, and had a prominent community spirit. From speaking to a handful of the residents themselves, they could not be happier - especially with the Fish and Chip Fridays!"***

Residents were thrilled with the visit, with Patricia Holland stating, ***"He seems like a very nice man!"***

Client Liaison Manager Sue Ruff added, ***"It was a pleasure to show Al Pinkerton MP and his PA, Isabella, around. They were impressed with the lovely warm atmosphere."***

As a gesture of appreciation, the team presented the local MP and Isabella with a goody bag and flowers for taking time out of their busy schedules to visit and tour the home.



Knight Frank's 2025 Luxury Care Home Guide

We are over the moon to share that three of our care homes have made it into the highly acclaimed 2025 Luxury Care Home Guide by Knight Frank, which highlights the UK's top 100 luxury care homes!

The homes featured are Mousehold View Care Home in Norwich, Beckenham Park Care Home in Beckenham, and Barnet Grange Care Home in Barnet, reflecting their commitment to top-tier care, world-class facilities, and making sure our residents feel right at home.

The competition for this prestigious guide was fierce, with Knight Frank receiving more submissions than ever before. So, it's a huge achievement for us to be included!

Home Manager of Mousehold View Care Home, Starr Walker, commented, ***"This recognition is a wonderful reflection of the hard work and dedication of our team. Our priority is always to provide compassionate, high-quality care in a comfortable and enriching environment."***

Home Manager of Beckenham Park, Aghileh Hatami, said, ***"We are incredibly honoured to be included in Knight Frank's Luxury Care Home Guide. Our team works tirelessly to create an environment where residents feel valued, comfortable, and well cared for."***

General Manager of Barnet Grange, Chloe Gaur, expressed their pride in this achievement, stating, ***"Being recognised in Knight Frank's Luxury Care Home Guide is a testament to the dedication of our entire team. We strive to create a warm, welcoming, and supportive environment for our residents, and this accolade reinforces our commitment to excellence."***

What an exciting time for Avery!



Red Nose Day

Red Nose Day 2025 was a roaring success across our care homes, with residents, staff, and families all getting stuck in for a day full of fun and fundraising. Celebrating 40 years of Comic Relief, this year's event focused on tackling food poverty and homelessness.

At Acacia Lodge Care Home in Manchester, there were giggles galore as residents, staff, and relatives got into the spirit of the day. Over at Wimbledon Common Care Home in London, the team enjoyed games and great company, all while raising money for a brilliant cause.

Acer Court Care Home in Nottingham took things to another level with Harry, part of the Maintenance Team, bravely volunteering to have his legs waxed! Thanks to staff donations and a raffle, they raised nearly £140! That's a hair-raising achievement!

Alma Court Care Home in Cannock hosted a delicious bake sale and an intense game of balloon volleyball, which ended in a nail-biting six-all draw. Meanwhile, Aran Court Care Home in Birmingham got creative, painting and decorating red noses. Everyone looked fantastic!

At Lady Jane Court Care Home in Leicester, their cake stall was a big hit, raising £83.60.

Poets Mews Care Home in Clevedon went all out with costumes, hats, and singing, while the staff at Spencer House Care Home, in Northampton, dressed in red, with Natalie's ladybug costume winning the all-red hamper!

Southbourne Beach Care Home in Bournemouth joined thousands across the country, baking cookies and running a successful raffle to raise funds.

Rowan Court Care Home in Newcastle-under-Lyme had a fantastic time celebrating, with staff and residents enjoying a day of games and laughter while fundraising for Comic Relief.

A massive thank you to everyone who took part – you're all superheroes! Together, we proved that fundraising can be full of laughter, cakes, and even a little bit of pain (sorry, Harry!). Here's to another year of making a difference – one red nose at a time!



Celebrating Mother's Day

This Mother's Day, residents and staff from across our homes celebrated the incredible women in our lives. From delicious afternoon teas to pampering sessions, each home created a special day filled with joy and love.

At Camberley Woods Care Home in Camberley, families gathered for a beautiful celebration with live music and a delicious cream tea.

Esher Manor Care Home in Esher added a personal touch with cupcakes for all the residents, and Waterhouse Manor Care Home in Peterborough made the day even sweeter with a lovely afternoon tea.

Aran Court Care Home in Birmingham kept the spirit high with heartfelt wishes for all mothers, while Hanford Court Care Home in Stoke-on-Trent hosted an afternoon tea complete with Prosecco, scones, and sandwiches.

Middleton Lodge Care Home in Derby brought the celebration to life with live music and family portraits, creating lasting memories.

Scholars Mews Care Home in Stratford-upon-Avon pampered their female residents with face masks, massages, and gin and tonics, followed by a delightful afternoon tea.

From fun tea parties at Priory Court Care Home in Stamford to beautiful

bouquets at Butlers Mews Care Home in Rugby, the day was filled with laughter, heartfelt moments, and lots of love. Every home's unique celebration made this Mother's Day unforgettable, and we thank all the wonderful mums who make our lives brighter each day.



Shamrocks and Smiles

On Monday 17th March, care homes across our communities embraced the spirit of St. Patrick's Day with lively celebrations.

St. Patrick's Day is an annual celebration of Irish culture and heritage that brings together residents and staff for a day filled with joy and music.

Scholars Mews Care Home in Stratford-upon-Avon transformed their restaurant into an Irish tavern, featuring traditional Irish music, a lively pub quiz, and delicious treats such as soda bread with Irish butter, Guinness, and Irish coffee.

At Horse Fair Care Home in Rugeley, residents were treated to an Irish fiddler's performance, an exciting quiz, and a tippie of Guinness. The day was made even more memorable when some residents tried their hand at Irish step dancing.

Bourn View Care Home in Birmingham had a special visitor, a mischievous leprechaun! He amused residents by making his way around the home, ensuring everyone got a chance to join in the fun.

From Irish music and dancing to traditional cuisine and laughter, St. Patrick's Day was a delightful celebration across all our care homes, bringing residents together in the true spirit of Ireland.



A Flippin' Success

Our care homes marked Shrove Tuesday with joyful celebrations, plenty of laughter, and stacks of tasty pancakes!

At Aran Court Care Home in Birmingham, residents enjoyed making their own pancake toppings, while Hempstalls Hall Care Home in Newcastle-under-Lyme saw a competitive pancake tossing contest, with some impressive skills on display.

Over at Bridge Manor Care Home in Wombourne, pancake flipping brought back fond memories, and Silvermere Care Home in Cobham basked in the sunshine while indulging in sweet treats.

Squires Mews Care Home in Northampton held a busy morning with exercise and a quiz, followed by a golf putting session, while Ascot Grange Care Home in Ascot served pancakes with a variety of toppings.

Bagshot Gardens Care Home in Bagshot had Head Chef Tiina flipping pancakes for everyone, and Brentwood Arches Care Home in Brentwood mixed things up with a trip to the pub, while Eastbourne Gardens Care Home in Eastbourne impressed with a mix of history, trivia, and plenty of syrup!

In Esher Manor Care Home in Esher, Joan triumphed in the pancake tossing competition, and at Fleet Hall Care Home in Fleet, the classic lemon and sugar topping was a favourite.

Mousehold View Care Home in Norwich added a touch of elegance with Prosecco, and Duke's

Court Care Home in Wellingborough raced to the finish line in their corridor race.

A big thank you to all the homes for making Pancake Day so special, and for sharing such joy and creativity with us. Each home brought their own unique flair to the celebration, and we appreciate all the effort put into making the day memorable for everyone!



Fearless For Fundraising!

Aaron Peck, General Manager and Jenny Bloomberg, Client Liaison Manager at Elton House Care Home in Watford, took on the ultimate challenge of walking on hot coals for the Michael Sobell Hospice and raised an incredible £456. With bravery and determination, they stepped onto burning embers and proved that anything is possible when it's for a great cause.

Jess Wingfield and Sheena Hastings, Senior Carers at Lady Jane Court Care Home, will be taking part in a skydive in support of Alzheimer's Society on 20th September 2025. So far, they have raised £500 toward their £1000 goal and hope to make a real difference with their donations. [Click here to donate.](#)



A Novel Day

World Book Day was brought to life in our care homes last month as residents and staff celebrated the joy of reading with heartfelt stories, literary conversations, and even a few costumes to match.

While the day encourages reading, it also provides the perfect excuse to dress up as beloved book characters. At Miramar Care Home in Herne Bay, much to the residents' delight, staff transformed into iconic fictional favourites including Dorothy, Alice, Toad of Toad Hall, Mary Poppins, and even a cheerful Hobbit from the Shire.

Over at Brentwood Arches Care Home in Brentwood, residents shared their love for reading with children from Ursuline Prep School. The children came dressed up as adored characters, including Snow White, princesses, The Hulk, and many more. They brought joy, laughter, and plenty of nostalgia to the home.

At Moorlands Lodge Care Home in Hindhead, the team took a literary leap back in time with Jane Austen-inspired outfits that added a touch of Regency flair to the day. Residents joined in lively discussions about their favourite books and authors, sharing memories and literary insights.

Meanwhile, creativity bloomed at Southampton Manor Care Home in Southampton, where residents crafted their own bookmarks, adding a personal and practical touch to their reading celebrations.

Thank you to everyone who took part and made the day so special.



Milestones 2025

March Edition



Amy
Loxley Park Care Home
106th Birthday, 2nd March



Louie & Audrey
Horse Fair Care Home
101st Birthdays, 3rd March



Alan & Barbara
Lady Jane Court Care Home
65th Wedding Anniversary, 5th March



Raymond & Patricia
Butlers Mews Care Home
70th Wedding Anniversary, 5th March



Ella
Elstree View Care Home
100th Birthday, 9th March



Iris
Hinckley House Care Home
100th Birthday, 12th March



Di
Acer House Care Home
101st Birthday, 13th March



Eric
Cliftonville Care Home
102nd Birthday, 17th March

Milestones 2025

March Edition



Alison
Chertsey Parklands Manor Care Home
100th Birthday, 17th March



Maisie
Squires Mews Care Home
105th Birthday, 23rd March



Joyce
Darwin Court Care Home
101st Birthday, 25th March



Constance
Hawthorns Aldridge Care Home
103rd Birthday, 26th March



Photo of the Month



Ron Edwards at the St Patrick's Day Celebrations
Adelaide Care Home

Got a story to share?

If you want to be featured in the next edition of Avery Talk, email marketing@averyhealthcare.co.uk with your story and photos by Monday 28th April.